

## ABSTRACT OF THE DISCLOSURE

Provided is a liquid-absorbent sheet for absorbing drips  
oozing from a food. The liquid-absorbent sheet includes a  
5 laminate of a liquid-pervious layer and an underlying  
liquid-absorbing layer. The liquid-pervious layer has  
through-holes that serve as liquid guides capable of passing  
the drips therethrough, and the liquid-absorbing layer is  
capable of absorbing the drips having passed through the  
10 liquid-pervious layer. The contact angle of a drop of  
physiological saline to the surface of the liquid-pervious  
layer is at least 35°, and the electrostatic chargeability of  
the liquid-absorbing layer is lower than that of the  
liquid-pervious layer.